

August

SPECIAL NOTICE

KIDS & JUNIORS MINI-FORMS CAMP: SHAOLIN BROAD SWORD - August 2 – 5; 9:30am – 12:00pm. Students will learn the fundamentals of Shaolin Broad Sword. Snack will be provided each day. Cost: \$125 (including wooden sword and daily snack).

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1 Performance Class 9:00am	2 Adults - 8:30–9:30 am Kids & Juniors Mini-Camp 9:30–12:00 Adults - 6:00–7:00 Tai Chi Sword - 7:00 Tai Chi - 7:30–8:30	3 Tai Chi Practice Class - 6:45am Kids & Juniors Mini-Camp 9:30–12:00 Adults - 6:00–7:00 Adult Sparring - 7:00 Adults - 7:30–8:30	4 Adults - 8:30–9:30 am Kids & Juniors Mini-Camp 9:30–12:00 Juniors - 4:30–5:30 Adults - 6:00–7:00 Tai Chi - 7:30–8:30	5 Tai Chi Practice Class - 6:45am Kids & Juniors Mini-Camp 9:30–12:00 Adults - 6:00–7:00 Adults - 7:30–8:30	6 Tai Chi - 7:30–8:30 am Adults - 8:30–9:30 am Kids & Juniors - 4:30–5:30 (Kids & Jr. Sparring) Adults - 6:00–7:00	7 Adults - 9:30–10:30 am Pee Wees - 10:40 - 11:10 Tai Chi - 11:15–12:00	
8 Shaolin Chin-na Review 9:00am	9 Adults - 8:30–9:30 am Kids & Juniors - 4:30–5:30 Adults - 6:00–7:00 Tai Chi Sword - 7:00 Tai Chi - 7:30–8:30	10 Tai Chi Practice Class - 6:45am Adults - 6:00–7:00 Adult Sparring - 7:00 Adults - 7:30–8:30	11 Adults - 8:30–9:30 am Kids & Juniors - 4:30–5:30 Adults - 6:00–7:00 Tai Chi - 7:30–8:30	12 Tai Chi Practice Class - 6:45am Adults - 6:00–7:00 Adults - 7:30–8:30	13 NO CLASSES	14 Adults - 9:30–10:30 am NO Pee Wees Tai Chi - 11:15–12:00	
15 	16 Adults - 8:30–9:30 am Adults - 6:00–7:00 Tai Chi Sword - 7:00 Tai Chi - 7:30–8:30	17 Tai Chi Practice Class - 6:45am Adults - 6:00–7:00 Adult Sparring - 7:00 Adults - 7:30–8:30	18 Adults - 8:30–9:30 am Kids & Juniors - 4:30–5:30 Adults - 6:00–7:00 Tai Chi - 7:30–8:30	19 Tai Chi Practice Class - 6:45am Adults - 6:00–7:00 Adults - 7:30–8:30	20 Tai Chi - 7:30–8:30 am Adults - 8:30–9:30 am Kids & Juniors - 4:30–5:30 (Kids & Jr. Sparring) Adults - 6:00–7:00	21 Adults - 9:30–10:30 am Pee Wees - 10:40 - 11:10 Tai Chi - 11:15–12:00	
22 Shaolin Forms Review 9:00am	23 Adults - 8:30–9:30 am Adults - 6:00–7:00 Tai Chi Sword - 7:00 Tai Chi - 7:30–8:30	24 Tai Chi Practice Class - 6:45am Adults - 6:00–7:00 Adult Sparring - 7:00 Adults - 7:30–8:30	25 Adults - 8:30–9:30 am Kids & Juniors - 4:30–5:30 Adults - 6:00–7:00 Tai Chi - 7:30–8:30	26 Tai Chi Practice Class - 6:45am Adults - 6:00–7:00 Adults - 7:30–8:30	27 Tai Chi - 7:30–8:30 am Adults - 8:30–9:30 am Kids & Juniors - 4:30–5:30 Adults - 6:00–7:00	28 Adults - 9:30–10:30 am Pee Wees - 10:40 - 11:10 Tai Chi - 11:15–12:00	
29	30 Adults - 8:30–9:30 am Adults - 6:00–7:00 Tai Chi Sword - 7:00 Tai Chi - 7:30–8:30	31 Tai Chi Practice Class - 6:45am Adults - 6:00–7:00 Adult Sparring - 7:00 Adults - 7:30–8:30	JADE FOREST ONLINE JadeForestRockland.com Download monthly calendars; get updates on events and programming; check out pictures of students and school events; and much more.			Also, visit our Page on Facebook and become a "fan" to receive regular updates on what's happening at "Jade Forest Kung Fu of Rockland."	

